

High Rigg – high level

1 Leave the car park at Legburthwaite (toilets available [here](#)) by the gate at the far end and turn left along a tarmac lane until you reach the A591 (555 bus stop Traveline tel: 0871 200 22 33). Turn right and cross over St. John's Beck. Walk a few yards along the road until you come to a ladder stile on your right, signposted to St. John's-in-the-Vale Church and Bridge House.

2 20 yards along the path fork left and start climbing. Shortly fork left again and continue to climb a zigzag path through mature oak and pine trees before finally reaching the ridge.

3 The views from the ridge are stunning: Blencathra and Skiddaw to the north and Helvellyn to the south. Follow the distinct path along the top. At the fence cross the stile and continue straight on, likewise with the ladder stile. Descend steeply on grass towards the church and Diocesan Youth Centre. Turn right when you get to the tarmac lane by the centre. (For a short walk follow the lane to **6**)

4 If you want to extend the walk turn left at a small stile in the wall by a stone shed, signposted to Tewitt Tarn. There is a well-trodden path to the Tarn. Walk around the Tarn, drop down to a tarmac road.



Maps based on 1926 Ordnance Survey map with permission of the Ordnance Survey

Don't forget to check the fell top conditions
Weatherline 0844 846 2444
www.lakedistrict.gov.uk/weatherline

5 Turn right and walk down the road for about ¼ mile. Turn right on a path signposted back to the church, by a small farm, Shundraw. This path brings you out on the lane leading back up the hill to St. John's Church.

6 **LONG WALK** - just before you reach the church, turn left along a bridleway leading south back along the valley.

6 **SHORT WALK** - continue past the church, until you reach the bridleway sign on your right. Turn right and head south back along the valley.

7 Follow the bridleway which is actually the old coffin path, along the valley past the ruins of farmsteads at Rake How, Strawberry How and Sosgill. Continue through a plantation of larch, oak and Christmas trees, with its woodland trail.

8 The Tea Garden is here! Come and enjoy the generous portions of homemade cake.

Feeling refreshed, continue along the same path passing a rocky area that has a steep drop into the beck through more mature woodland. You will soon reach the main road again. Retrace your route back to the car park.

fritillary



small tortoiseshell



Low Bridge End Farm & Tea Garden

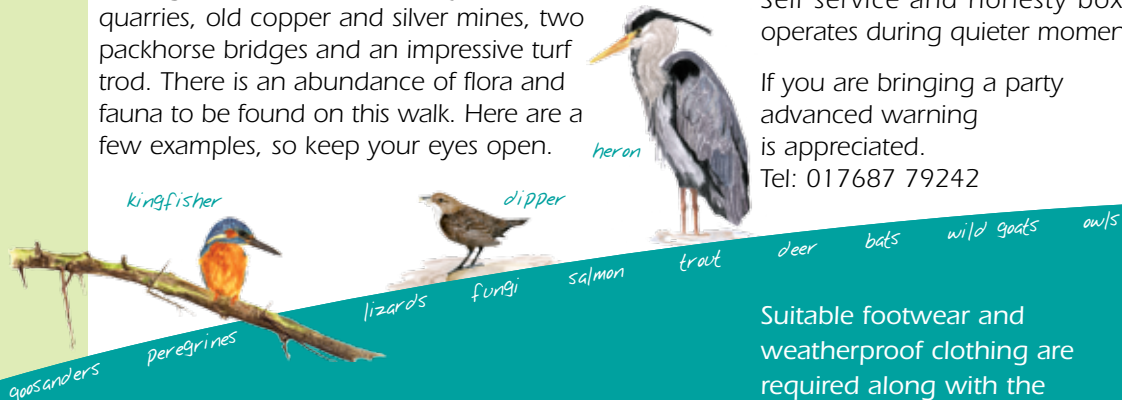


OLD COFFIN PATH – low level

- 1 Follow the instructions for High Rigg.
- 2 Where the track forks for a second time go right, following the contour of the hill with St. John's Beck below.
- 3 Just beyond the Tea Garden and barn continue straight on at the finger post. This takes you through woodland. Through the second kissing wicket turn right and head towards Sosgill bridge (an old stone packhorse bridge). Before the bridge bear left. Continue through the fields, following a very defined route until you reach Bridge House. (about ½ hour)
- 4 Continue past Bridge House through fields following the signed footpath. This brings you onto a tarmac road at Yew Tree Farm
- 5 Turn left at the road, past the farm and up the hill towards St. John's-in-the-Vale Church. From here pick up the High Rigg walk at 6 and make your way along the path back towards the Tea Garden and the car park.

THINGS TO LOOK FOR!

Among the fells and the fields you will see quarries, old copper and silver mines, two packhorse bridges and an impressive turf trod. There is an abundance of flora and fauna to be found on this walk. Here are a few examples, so keep your eyes open.



LOW BRIDGE END FARM also offers

- * A Camping Barn (sleeping 8)
- * Self Catering Accommodation (sleeping 2 - 4)
- * Woodland and Farm Trail
- * Christmas Trees
- * Craft Activities
- * Educational visits
- * An abundance of wildlife
- * Star filled skies with no light pollution



buzzard



primrose

Sarah & Graham Chaplin-Brice
Low Bridge End Farm
St. John's-in-the-Vale
KESWICK CA12 4TS
Telephone: 017687 79242
www.campingbarn.com



HOW TO FIND US

Leave the A66 near Threlkeld along the B5322 for St. John's-in-the-Vale; or leave the A591 north of Thirlmere.

Map reference for the Tea Garden NY317205

OS Landranger Map 90 or OS Explorer OL5.

Traveline 0871 200 22 33

Open daily

Self service and honesty box operates during quieter moments.

If you are bringing a party advanced warning is appreciated.

Tel: 017687 79242



Suitable footwear and weatherproof clothing are required along with the OS Landranger Map 90 or OS Explorer OL5.

Keswick

Low Bridge End Farm

St. John's-in-the-Vale

Two Circular Walks

with a
TEA GARDEN



Low Level (5 miles) 2½ - 3 hours with views to Helvellyn and Blencathra

High Level (7 miles) 3 - 3½ hours with views to Skiddaw and Blencathra

